

## What can you do?

If you are a victim of domestic violence or rape you need to know that it is not your fault and you are not alone. Talk to someone you trust who will:

- ◆ Listen to you.
- ◆ Believe you.
- ◆ Not place blame.
- ◆ Keep what you tell him/her confidential.
- ◆ Allow you to make your own decisions.

Open Arms Domestic Violence and Rape Crisis Services offers a wide variety of programs to suit you in your time of need. We understand your rights and are here to help you identify your choices. We are here to listen, inform and support you. Only you can decide what is best for you.



## Who is eligible for services at Open Arms?

Anyone who has been affected by domestic violence or rape should call Open Arms to speak to an advocate. We offer programming for victims of domestic violence and rape, domestic violence offenders, children in violent homes, and any interested family, friends, or community members.

### Services available at Open Arms

- 24 hour crisis hotline **419-422-4766**
- Confidential crisis shelter for victims of domestic violence and rape.
- Support groups for women and children survivors of domestic violence and adult survivors of rape.
- Individual support and education about domestic violence and rape.
- Court accompaniment, advocacy, and legal referrals for victims of domestic violence and rape.
- Prevention/education programming related to domestic violence and rape.
- The Violence Recovery Project for Offenders.
- Harmony House – A supervised visitation and exchange program.  
**419-420-9261**

P.O. Box 496  
Findlay, Ohio 45839  
Phone: 419-420-9261  
Fax: 419-423-7219  
[www.openarmsfindlay.org](http://www.openarmsfindlay.org)

**24 Hour Crisis Hotline: 419-422-4766**



# **Outreach Services**

## **Open Arms Domestic Violence & Rape Crisis Services**



*More than a shelter...*



Contact Us At: **419-420-9261**

**Open Arms has services available to those who do not live at our shelter.**

### *Group Support*

These groups take place once per week and offer the chance to be with other people who have experienced the same situations. Group is a powerful experience that helps victims feel less alone and understand the situation they live in, as well as learn what has worked in other peoples' lives. Groups are available for survivors of domestic violence and rape as well as children who have experienced violent homes.

### *Crisis Hotline*

Our phone line is answered 24 hours a day. You can be connected to an advocate who can help you sort out your immediate situation and decide if you need any of our shelter or non-shelter services, as well as give you information on other helpful community services.

### *Prevention and Education Program*

Open Arms provides general community education and awareness about domestic violence, rape, and surrounding issues. We will gladly provide a speaker to your group.

### *Information and Referral*

Even if domestic violence and rape are not what you need help with, our 24 hour phone line is available. The advocate on duty has a comprehensive guide of community resources and can help you find the assistance you need.

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### *Individual Support and Education*

We have advocates available to provide individual assistance in understanding your situation and sorting out available choices. This service is available to survivors of domestic violence and rape, as well as their friends and family who want to know appropriate ways to assist their loved ones. Appointments are available at a time convenient for you.

### *Legal Advocacy*

Contact with the legal system can be overwhelming. Although we do not provide lawyers or legal advice, advocates can help you through the court process so that you are not alone and it isn't as overwhelming. An advocate can make sure that you get connected to the right legal resources, understand the difficult language of the system and will attend appointments with you if you desire. This service is available to survivors of domestic violence and sexual assault.

### *Services for Friends & Family Members*

Friends and family members need to educate themselves about domestic violence and the effects that domestic violence has on individuals. Abuse comes in many forms; physical, emotional and sexual. The more we understand the cycle of violence, the better we can become at offering support to our loved ones.

Our 24 hour phone line is always available with an advocate willing to answer your questions and/or provide reading materials that will help you identify signs of abuse and ways to deal with abuse.